

HJD Institute of technical Education and Research-Kutch
AICTE Sponsored 3-Days “Faculty Development Program” for Student Induction

Date: 24/6/2019 to 26/6/2019

FDP Venue: Geeta learning centre, Second Floor, HJDITER

Resource Person:

1. Jigar B Ratnottar

Report on 3-Days “Faculty Development Program” for Student Induction:

3 days Faculty development Program was organized by HJD Institute of Technical Education and Research-Kutch dated 24/6/2019 to 26/6/2019 on Universal Human values. Session was taken by Mr. Jigar Ratnottar from Atmiya Institute of Technology and Science, Rajkot. Total 46 participants from various parts of the state had attended the Program. Key points of the Program are discussed as below:

Day 1:-

- Natural Acceptance
- Self Exploration
- Values and Skills
- Art of living

Summary of Day 1:-

On the first day session on Natural acceptance was taken by Mr. Jigar Ratnottar where it was explained that how can we be happy and satisfied at the same time by accepting what we have is enough for us to sustain life. Self exploration is all about asking yourself about what is best suitable for you in every sphere of life. And the third topic discussed was on Values and Skill, How Value education is the demand of today’s era and the skilled person has its own space in this competitive world. The last session was taken by Mr. Akshay Kachchi on Art of living where he made us do some brain exercises as well its significance in our daily life to have control over our own thoughts.

Day 2:-

- Sources of Happiness
- Human Being is the coexistence of Self and Body

Summary of Day 2:-

Day 2 was started with session on Various sources of happiness and the small things about which we can be happy about .The next session was completely about relating your body with your existence that is we are here for a reason and we need to relate it with every small reason we are living with.

Day 3:-

- Harmony in Family
- Values in Family

Summary of Day 3:-

On day-3 the topic was Harmony in family where he explained how our near and dear ones are helpful to us in our entire thick and thin in life so for that we also need to sacrifice sometimes. Values he taught these days are less observed in a family so how to inculcate those moral values in the coming generation so that we can have a better family and a place to live in.